FROM TWO OF D MAGAZINE'S 2023 BEST LAWYERS Friends often ask KELLY MCCLURE and FRANCESCA BLACKARD, partners at MCCLURE LAW GROUP, what are the most common triggers for divorce. "It usually is not just one thing, but a culmination of things," says Kelly. Here to share their friendly advice with you, Kelly and Francesca recommend avoiding the ten behaviors below to keep YOU out of THEIR law office:



## MCCLURE

LAW GROUP

214.692.8200

### LACK OF SEXUAL INTIMACY

We are all tired. We all have long days, but you have to think about the message you relay to your spouse when you constantly turn them down. "One of the first questions Kelly asks on a client's first consult is, 'How is your sex life?,'" says Francesca. "Kelly strongly believes, based on her decades of experience, that if the sex is still alive, the marriage is salvageable.

# NO DATE NIGHTS Sometimes we get "too busy" and

Sometimes we get "too busy" and forget to date our spouse. Prioritize time together, away from friends and away from children. Don't forget to date your spouse. Get dressed up, try a new restaurant-book that last minute trip to Miami! Be spontaneous!

#### NEGATIVITY

Every marriage goes through its ups and downs. Remember that when you are going through a hard time. Life throws us curveballs. It is up to us to know that, "This too shall pass."

### **NEGLECTING ONESELF**

The old saying is true. If you don't love yourself, you can't love anyone else. Make sure you check in with yourself and your health both physically and mentally. You are half of your marriage anyway!

#### LACK OF EMOTIONAL INTIMACY

Every human struggles with insecurity. It is important for a spouse to feel loved and emotionally connected to their significant other. Say "I love you" often. Send a random text letting your spouse know you're thinking about them. Little things make a huge difference.

### DISPUTES REGARDING THE CHILDREN

All parents disagree on issues with their kids. We aren't telling you to be a submissive spouse. What we are telling you is to listen, communicate and determine how to incorporate both of your styles. Get professional recommendations when necessary. The worst thing you can do for you AND your kids is to create additional turmoil with your spouse.

### HIDDEN SPENDING

Don't sign up for secret credit cards or have hidden bank accounts. Marital relationships should be an open book and hiding your spending from your spouse can be a slippery slope.

# SECRET INAPPROPRIATE RELATIONSHIPS

(i.e. work flirtations)

Everyone flirts, that is just part of life, but do you take it to the next level? If you aren't willing to share the relationship with your spouse, then it probably isn't a relationship you should be having.

#### **HOLDING GRUDGES**

Many clients come in and complain that their spouse is still mad about something that happened 10 years ago. We aren't saying that everything is forgivable, but if you do want to avoid being our client, then you must forgive and move on. It may not happen overnight, but you cannot heal if you do not forgive.

# FRIENDS' NIGHTS ON REPEAT

Are you loading up your social calendar for girls' or guys' nights? If you're spending more of your free time with your friends than your spouse, you may need to readjust your behavior. "Many clients come in to our office complaining that their spouse has closer relationships with their friend than them," says Francesca.

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Park Cities-Dallas | mcclure-lawgroup.com

KELLY

MCCLURE



FRANCESCA

BLACKARD



